



# CLTCOA

**California Long-Term Care  
Ombudsman Association**

Mission: to provide excellence in leadership and systemic advocacy to assist the local Long-Term Care Ombudsman programs as they advocate for the residents in long-term care facilities in their program area.

# What are your long-term care plans?

A National Institute on Health report states:

**One in three** Americans aged 65 or older will spend time in a long-term care facility for short term rehabilitation up to long-term custodial care.

[LAO Report](#) - November 28, 2016

## A Long-Term Outlook: Disability Among California's Seniors

- ***California Seniors turning 65 between 2015 and 2019 on average, are projected to live an additional 23.6 years!***
- ***Of those California Seniors turning 65 between 2016 and 2019 on average, they are projected to spend the final 4.5 Years with a Disability.***
- <http://www.lao.ca.gov/Publications/Report/3509>



Legislative Analyst's Office

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The California Legislature's Nonpartisan Fiscal and Policy Advisor

# Medi-Cal: ITC financing by default- but not really

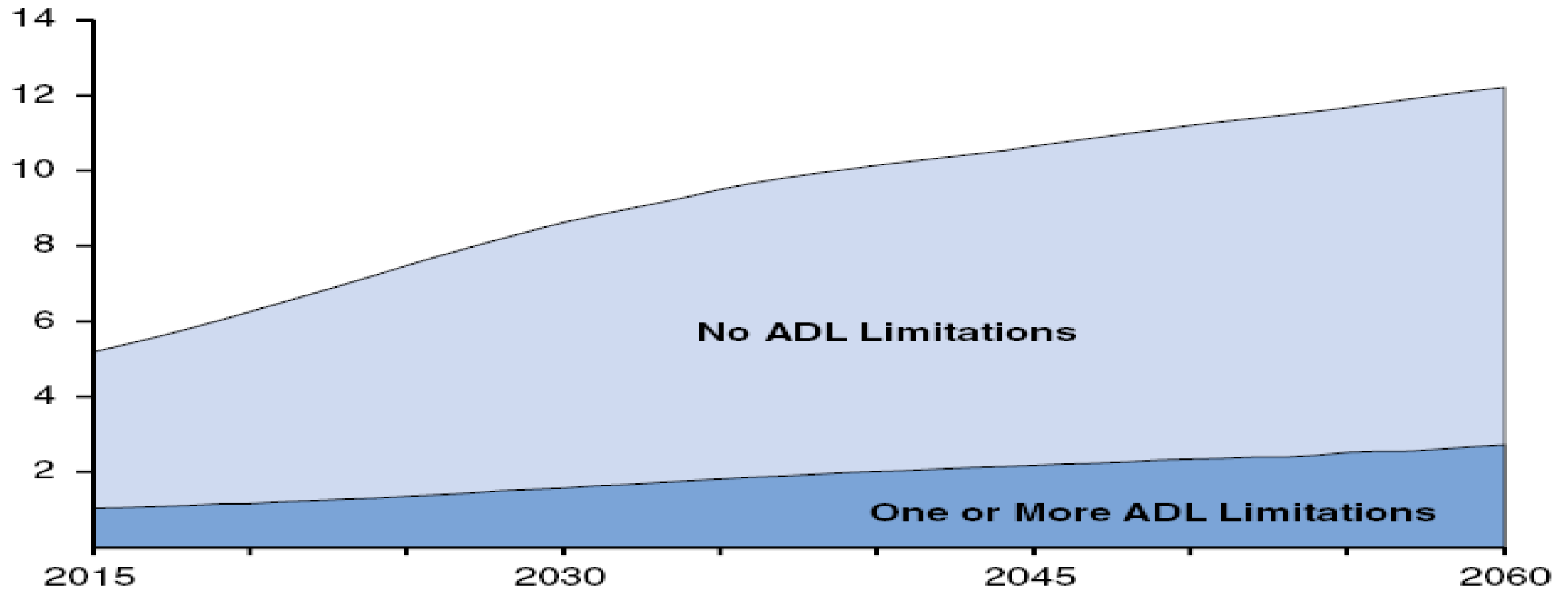
Examples of LTSS covered by Medi-Cal include:

- ***In-Home Supportive Services (IHSS).***
- ***Community-Based Adult Services (CBAS).***
- ***Multipurpose Senior Services Program (MSSP).***
- ***SNFs.***
- ***Assisted Living Waiver (ALW)***

**Figure 6**

## **Population of Seniors With Disabilities Projected to Increase Substantially by 2060**

*Californians Aged 65 and Older (In Millions)*

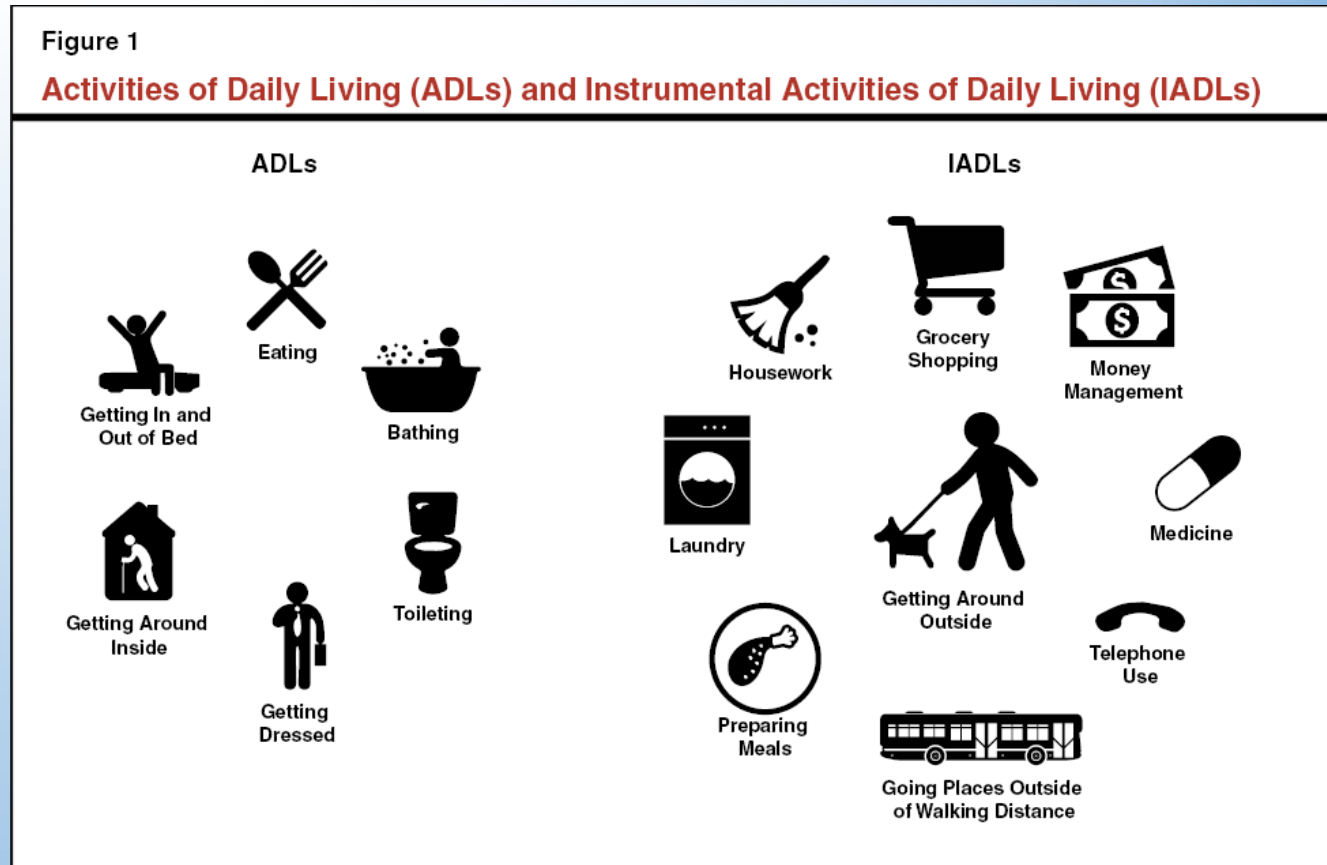


ADL = activity of daily living.

# *Disability Is Measured by Limitations in Daily Activities*

ADLs- limitations in activities of daily living -limitations in routine, daily, personal care activities, such as eating or dressing.

**IADLs-** limitations in instrumental activities of daily living. IADLs are limitations in more complex skills necessary to live independently, such as grocery shopping or money management.





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# Long-Term Care Ombudsman Program for Santa Clara County

For local questions & assistance:

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