

# America's Long-Term Care Crisis: Advancing New Financing Options

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## What is Long-Term Care? (aka Long-Term Services and Supports)

Non-medical functional support

Help with Activities
of Daily Living (ADL)
(e.g., bathing, dressing,
eating, walking)

Received in a home or institutional setting

Provided by paid &/or unpaid caregivers





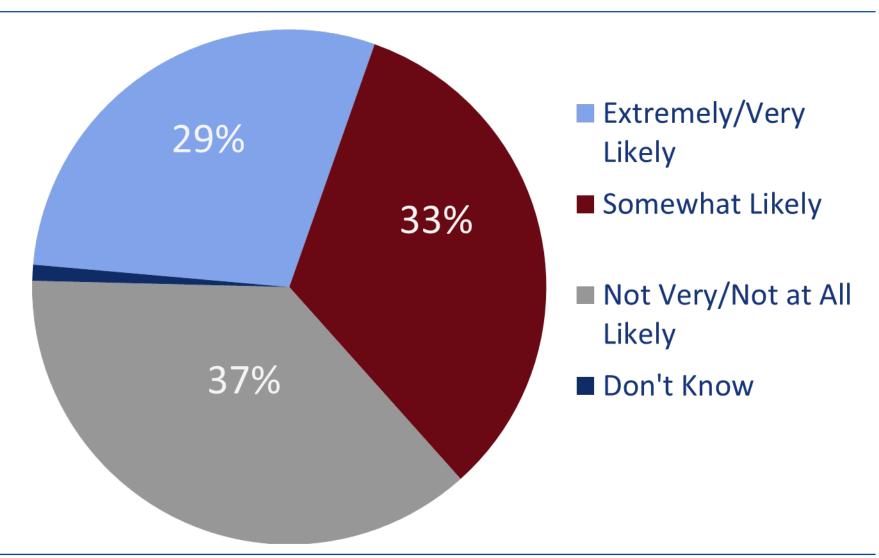
#### www.longtermcarepoll.org







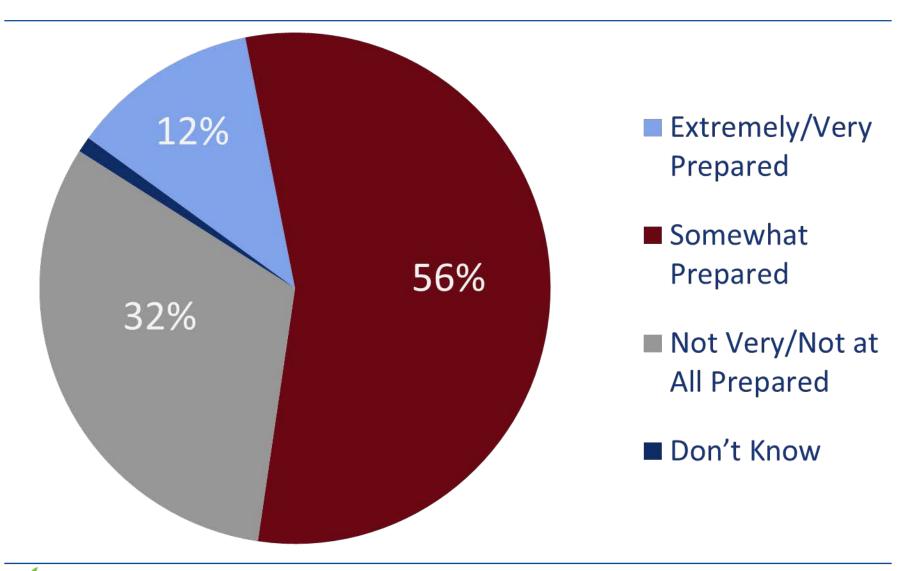
#### % loved one needs care in next 5 years







### % who are prepared to help a loved one

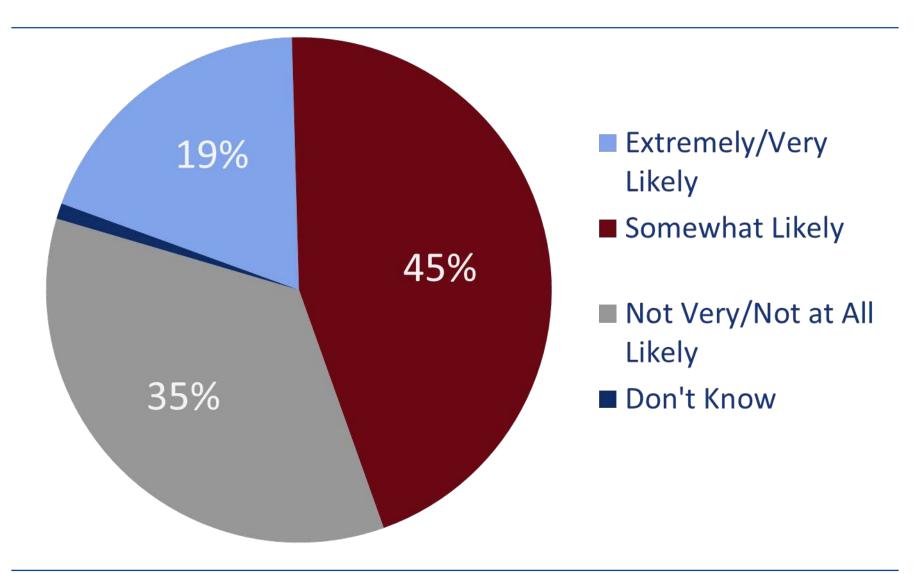








#### % who believe they will ever need help









#### A Risk We All Face



Half of Adults Age 65+ Will Need a High Level of Care at Some Point

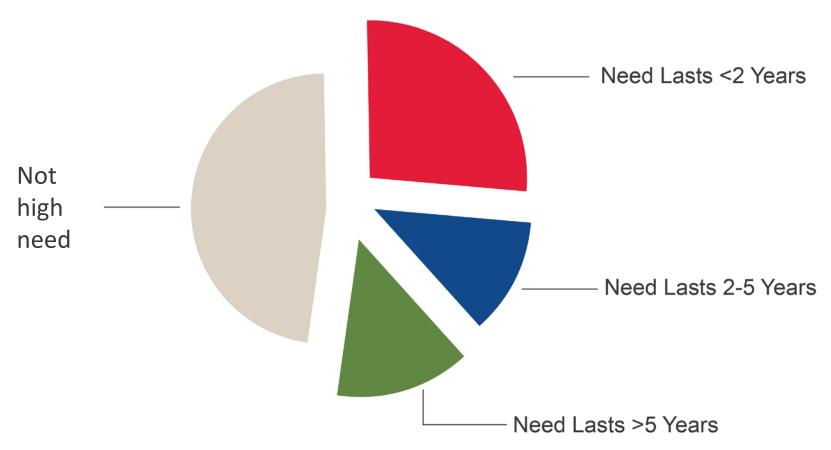
Favreault & Dey (2015), Table 1





### **Older Adults Risk Many Years of High Need**

#### 52% of Adults Age 65+ Have High Need

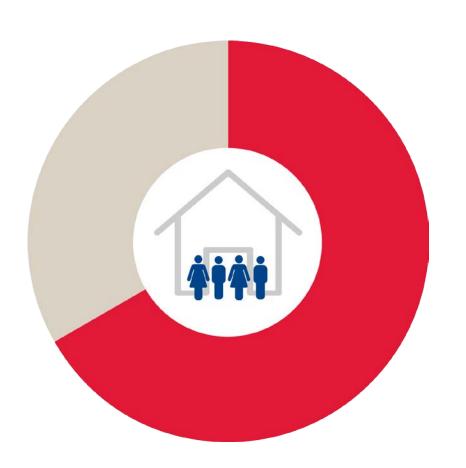








#### **Americans Rely on Unpaid Caregivers**



### Nearly 2/3

of Older Adults with LTC Needs Living at Home Receive All Help from Unpaid Family and Friends

Note: Excludes individuals living in nursing homes Freedman & Spillman (2014), Table 2







### More Than Half of LTC Spending...OOP







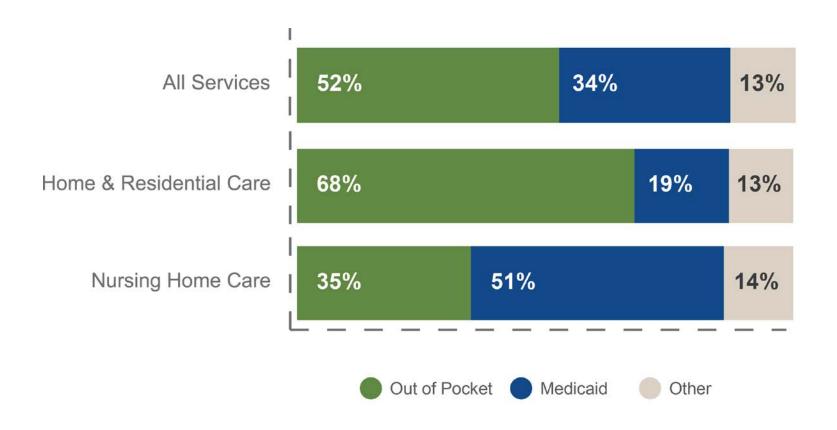


Favreault & Johnson (2015), Table 15





### Medicaid & Out of Pocket Cover Most Lifetime Average LTC Spending



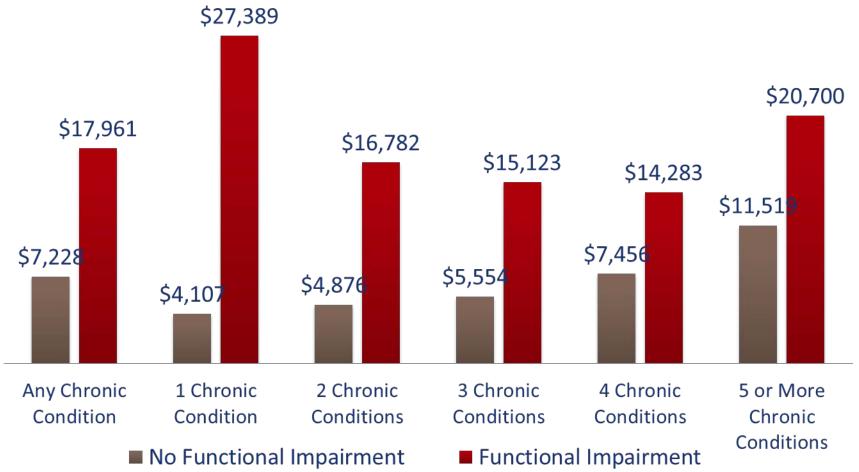
Note: The estimated remainder of spending (Other) includes a combination of private LTC insurance and Medicare Favreault & Dey (2015), Table 3A





## Hidden Costs of Chronic Health Conditions & Functional Limitations

Annual Per Capita Medicare Spending in 2012, by Chronic Conditions & Functional Impairment<sup>1</sup>



<sup>&</sup>lt;sup>1</sup> N=18,843,410 with any chronic condition and no functional impairment, N=4,617,613 with any chronic condition and functional impairment.







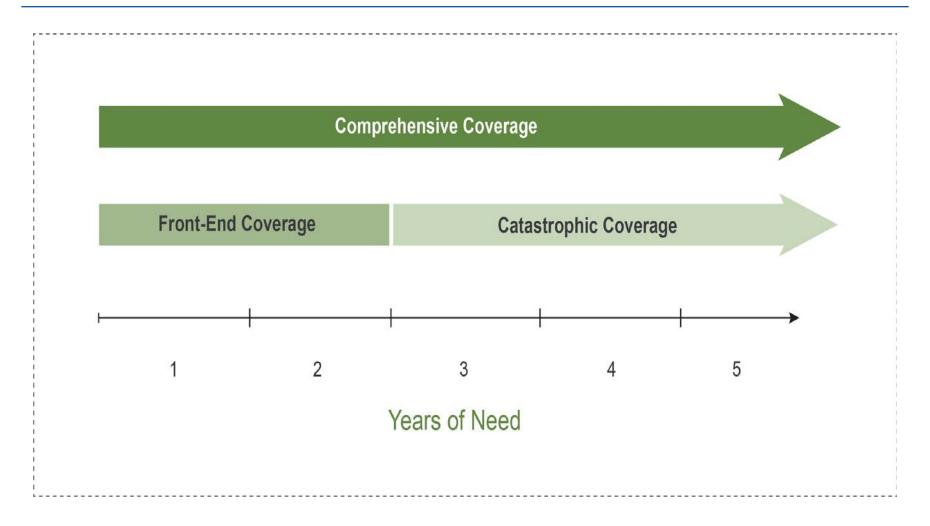
## **#LTCFinancing**







### **Mandatory & Voluntary: Three Approaches to Covering LTC Risk**







#### **Emerging Policy Recommendations**

- Private LTC Insurance improvements
- Medicare supplemental benefits
- Medicare respite benefit
- Catastrophic coverage
- Person-centered Medicaid flexibility







### The Real Policy Goal...









#### **Our Vision:**

A society where older adults can access health and supportive services of their choosing to meet their needs.

#### **Our Mission:**

To advance a coordinated and easily navigated system of high-quality services for older adults that preserve dignity and independence.

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